

Front sheet: Council of Governors
Item number: 07
Date: 31 July 2025

Private/ public paper:	Public
Report Title:	Ten-year plan
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Accountable Director:	James Drury Director of strategy
Presented by:	Dawn Pearson, associate director of communications and corporate governance
Vision and values:	The Trust vision is to improve the mental, physical and social wellbeing of the people in our communities . The ten-year plan includes targets which will help us achieve this and ensure that the NHS is fit for the future. Through the collective efforts of sharing feedback, insights, and ideas we will ensure that we work together and that we keep improving .
Purpose and key actions:	The purpose of the presentation is to provide an update on the ten-year plan for Governors.
Executive summary:	<p>The UK Government published the 10 Year Health Plan on 3 July 2025, outlining long-term priorities for improving the health system and health outcomes in England.</p> <p>The presentation provides an outline of the ten-year plan and the implications for the Trust. The presentation includes:</p> <ul style="list-style-type: none"> • What the NHS will deliver by 2028/29 • Key policies for mental health • An update on how the ten-year plan impacts learning disability and autism services • An update on how the ten-year plan impacts dementia services • Key changes proposed in the ten-year plan

Which strategic objective does the item primarily contribute to:					
Effective Use of Resources	Yes	X	No		
Deliver Outstanding Care	Yes	X	No		
Great Place to Work	Yes	X	No		
Reducing inequalities	Yes	X	No		
What is the contribution to the delivery of standards, legal obligations and/or wider system and partnership working.					

<ul style="list-style-type: none"> Fit for the future: 10 Year Health Plan for England- Fit for the future: 10 Year Health Plan for England - executive summary (accessible version) - GOV.UK 	
BAF and corporate risk/s:	There are no BAF risk associated with this.
Any background papers/ items previously considered:	<ul style="list-style-type: none"> Governors were consulted on the ten-year plan at a workshop in March 2025 and given the opportunity to feed in the views of members and the public for the Trust strategy.
Recommendation:	<p>Council of Governors (COG) are asked to:</p> <ul style="list-style-type: none"> Note the update

Fit for the Future

The 10 Year Health Plan for England

July 2025

What will we deliver by 2028/29?

HOSPITAL TO COMMUNITY

- **Same-day digital and telephone GP appointments** will be available and calls to GPs will be answered more quickly – ending the 8am scramble.
- **A GP led Neighbourhood Health Service** with teams organised around groups with most need.
- **Neighbourhood Health Centres in every community**; increased pharmacy services and more NHS dentists.
- People with complex needs will have the offer of a **care plan by 2027** and the number of people offered a **personal health budget** will have doubled.

ANALOGUE TO DIGITAL

- **The NHS App** will be the front door to the NHS, making it simpler to manage medicines and prescriptions, check vaccine status and manage the health of your children.
- **‘HealthStore’ to access approved health apps**: Enabling innovative SMEs to work more collaboratively with the NHS and regulators.
- **A Single Patient Record** will mean patient information will flow safely, securely and seamlessly between care providers.
- **Digital liberation for staff** with the scale of proven technology to boost clinical productivity.

SICKNESS TO PREVENTION

- **Health Coach will be launched** to help people take greater control of their health, including smoking and vaping habits later this year.
- **New weight loss treatments** and incentive schemes to help reduce obesity.
- **The Tobacco and Vapes Bill** will be passed, creating the first smoke-free generation.
- Women will be able to carry out **cervical screening** at home using self-sample kits from 2026.

Mental Health



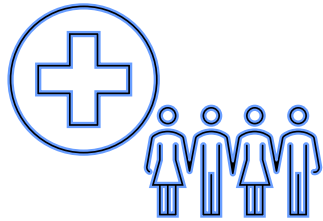
Key policies:

- **A Neighbourhood Mental Health Model**, providing open access to specialist services and holistic support in community locations 24 hours a day, seven days a week, is already being piloted in six locations with plans to go further.
- **85 new dedicated mental health emergency departments will be built with £120 million, to ensure people experiencing crisis get effective care.** We will also redesign urgent and emergency care to avoid the need for unnecessary hospital attendance or admission.
- **Patients will get better access to support directly through the NHS App**, including self-referral for talking therapies, without needing a GP appointment. **We will also use AI to support people with depression and anxiety.**
- **New digital front doors for mental health support and digitised therapies** will mean patients no longer have to travel to hospitals or clinics outside of their local area.
- **The single patient record will empower clinicians and patients**, meaning patients no longer have to relive trauma and to describe their symptoms, and clinicians have a full picture to help determine a diagnosis.
- **We will support people to remain in or return to work who are experiencing poor mental health**, and continue to expand provision of Individual Place and Support schemes to help people with severe mental illness find good work, provide employment support through primary care and offer employment advice to those accessing talking therapies.
- **New Young Futures Hubs will ensure there is no “wrong front door” for young people seeking help.** We will also prioritise evaluating digital therapies which could support children and adolescents on mental health waiting lists.
- **We will increase the proportion of funding of research into prevention and detection of physical and mental long-term conditions**, by reforming the NIHR and better promote a focus on prevention.

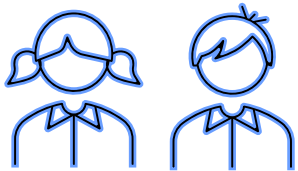
Learning disability and autism



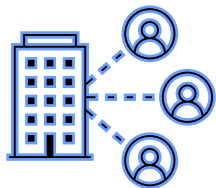
- There are very few explicit references to disability in the 10 Year Plan. Therefore, going forward it will be key to look at how the needs of people with a learning disability and autistic people (as well as disabled people) are considered within the 3 shifts. In particular:



The role of neighbourhood health teams in providing holistic ongoing support to tackle the health inequalities experienced by disabled people, including poorer life expectancy.



Neighbourhood Health Services working in partnership with family hubs, schools, nurseries and colleges to offer timely support to children, young people and their families including those with Special Educational Needs and Disabilities (SEND).



Health and Work: “In the government’s Pathways to Work green paper, we further committed to developing a support guarantee, so that disabled people and those with a health condition affected by benefit changes also get the work, health and skills support they need to access and thrive in employment”

The plan will aim to prevent people developing dementia and support the care of those currently living with the disease:

- The shift from hospital to community will make it easier for dementia patients and their carers to navigate care services by bringing different professionals together in the Neighbourhood Health Centres.
- The shift from analogue to digital will put the power and data in patient and carer hands. The NHS App will become a “doctor in their pocket” giving them 24/7 access to all elements of their care, from virtual and in-person appointments, advice and guidance on symptoms, and prescription management.
- The shift from sickness to prevention will reduce the number of people at risk of developing dementia by supporting people to live healthier lives for longer and targeting the biggest causes of ill health.

Key policies:

- **By 2028, we will create a smoke free generation through the Tobacco and Vapes Bill.** This will reduce the number of people developing dementia, as we know smoking is a major risk factor.
- **The My Carer tool will give family, friends and carers access to the NHS App.** This will ensure decisions are agreed and taken by those who best know the patient, who may not be able to make those decisions independently, whilst making it easier for unpaid carers to manage their care and access professionals whenever they need them.

Significant changes on many fronts

A new operating model

- Smaller, strategic centre and a rules-based system
- ICBs as commissioners
- Foundation trust regime including Integrated Health Organisations
- Changes to FT governance arrangements

Transparency of quality

- Publish much more information and rankings
- AI tools for complaints data
- Revitalised National Quality Board with mandate for measurement
- New quality strategy

Innovation

- 5 big technology bets – e.g. genomics
- Regional Health Innovation Zones
- Faster clinical trials
- Future proof regulators & single national formulary