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| The **Community Intensive Support Service** works closely with:   * Community Learning Disability Team and * Firshill Rise ATS (inpatient service) | | Community Intensive Support Service (CISS) | |
|  | We work with people who are unwell. This means:   1. They may be struggling with mental health problems. 2. They may have behaviours that are difficult to manage. | | |
| The staff want to help you in your home rather than hospital.  We want to help you be as happy, healthy and safe as possible. | | | House 4 |
| Nurse No Uniform 3 | Our team includes:   * Nurses * Support Workers * Occupational Therapist * Psychiatrist * Psychologist * Speech & Language Therapist | | |

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| Together we will make plan.  The plan will help you to make changes so that you start to feel better. | | Plan-1 |
| Flipchart 8 | Our staff will deliver training to the people who support you.  This means family or carers can support you better. | |

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| **Contact us** |  |
| **Community Intensive Support Service**  32 Firshill Rise, Sheffield, S4 7BW   0114 226 1562   [CLDTBusinessSupport@shsc.nhs.uk](mailto:CLDTBusinessSupport@shsc.nhs.uk)  We are open 9 a.m. - 5 p.m. Monday to Friday | |
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|  | **Useful contacts** | |
| **Community Learning Disability Team** | | Grenoside Grange, Sheffield, S35 8QS   0114 2261562 |
| **Out of Hours Team**  Monday to Friday 8 p.m. to 8 a.m. and weekends | |  0114 2263636   [OOH.Duty@shsc.nhs.uk](mailto:OOH.Duty@shsc.nhs.uk) |
| **Sheffield Helpline** - for anyone with mental health issues  (24 hours a day, 7 days a week) | |  0114 2263636 |
| **Sheffield IAPT**  IAPT supports the psychological well-being of people in Sheffield. | |  0114 226 4380  <http://iaptsheffield.shsc.nhs.uk/> |
| **The Samaritans**  (24 hours a day, 7 days a week) | |  (0114) 2767277 or 116 123 |
| **Sheffield Social Services**  (24 hours a day, 7 days a week) | |  0114 273 4908 |
| **NHS 111** - Call 111 when it is not an emergency but you need medical  help fast | |  111 |
| **Accident and Emergency** (A&E) | | Northern General Hospital, Herries Rd, Sheffield S5 7AU   0114 243 4343   999 in an emergency |
| **Online support**  **C:\Users\david.newman\AppData\Local\Microsoft\Windows\INetCache\Content.Word\Social Media.png** | | Every Mind Matters <https://www.nhs.uk/oneyou/every-mind-matters/>  Sheffield Mental Health Guide <https://www.sheffieldmentalhealth.co.uk/> |