



NHS Foundation Trust

What are Safety Pods?

Our Safety pod chair is more like a bean bag that helps staff to support you if you should become distressed and your risks are heightened.

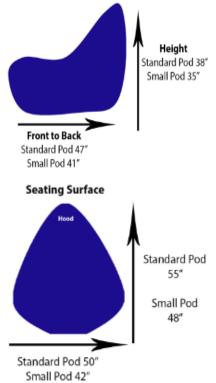
The pod enables you to be restrained in a dignified, safe and compassionate way whilst being physically supported by trained staff.

Physical restraint will only be used when necessary and, by using the Pod, this will help us keep you and our staff safe.





Being restrained on the floor can feel humiliating, scary, embarrassing and quite often impact on therapeutic relationships.



Here at SHSC our main priority is you and your care and testimony from fellow service users reiterates how much more confident our staff and service users now feel about physical restraint in certain situations.

You can be assured that the Bean bags will be stored, cleaned and maintained in clinical areas.

Beans bags/pods offer head, neck and spinal support which floor restraint doesn't offer. They are designed so you can have a safe exit from seclusion and where appropriate can be left in an individual's room.

Safety pods are not like the Beanbags we are used to; they are of medical standard and tested to the highest specifications and standards.

They don't require any extra staff to be involved in your restraint, reduces the time you may be restrained for and is far less intrusive.

I hope this information helps you to feel assured and, if you would like a demonstration, please ask a member of staff.