

▶ Community Intensive Support Service (CISS)

Information for people who use our
services



The Community Intensive Support Service works closely with:

- Community Learning Disability Team and
- Firshill Rise ATS (inpatient service)



We work with people who are unwell.

This means:

1. They may be struggling with mental health problems.
2. They may have behaviours that are difficult to manage.



The staff want to help you in your home rather than hospital.

We want to help you be as happy, healthy and safe as possible.



Our team includes:

- Advanced Clinical Practitioners
- Nurses
- Support Workers
- Clinical Assistants
- Occupational Therapist
- Psychiatrist
- Psychologist
- Speech & Language Therapist



Together with your Care Coordinator or Lead Professional and Social Worker we will support you.

The name of your Care Coordinator or Lead Professional is:

.....

Together we will make a plan.

The plan will help you to make changes so that you start to feel better.



Our staff will deliver training to the people who support you.

This means family or carers can support you better.

Our top advice!



See your GP for your Annual Health Check. Get a Health Action Plan to keep well.

<https://www.mencap.org.uk/advice-and-support/health/dont-miss-out/dont-miss-out-annual-health-checks>

You should also have a Health Passport so people know how to look after you.

<https://www.sheffieldasp.org.uk/sasp/sasp/news/the-health-passport-is-here-click-the-link-to-download>



Keep active and eat healthy.

Try and cut down cigarettes and alcohol.

It will help you to feel better and live longer.

We support
STOMP

Stopping over-medication of people with a learning disability, autism or both

Work on reducing medication where you can.

We will help you with Positive Behaviour Support (PBS). <http://pbsacademy.org.uk/people-with-learning-disabilities/>

Contact us

Community Intensive Support Service

32 Firshill Rise, Sheffield, S4 7BW

☎ 0114 2261562

💻 ISSBSupport@shsc.nhs.uk

🕒 We are open at: 9am to 5pm, Monday to Friday



Useful contacts

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| Community Learning Disability Team | Grenoside Grange, Saltbox Lane, Sheffield, S35 8QS ☎ 0114 2261562 💻 CLDTBusinessSupport@shsc.nhs.uk |
| Out of Hours Team Monday to Friday 8 p.m. to 8 a.m. and weekends | ☎ 0114 2263636 💻 OOH.Duty@shsc.nhs.uk |
| Sheffield IAPT IAPT supports the psychological well-being of people in Sheffield. | ☎ 0114 2264380 💻 iaptsheffield.shsc.nhs.uk |
| National mental health helplines | https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/ |
| NHS 111 - Call 111 when it is not an emergency but you need medical help fast | ☎ 111 |
| The Samaritans | ☎ (0114) 2767277 or 116 123 💻 jo@samaritans.org |
| Sheffield Social Services (24 hours a day, 7 days a week) | ☎ 0114 273 4908 |

Accident and Emergency (A&E)

Northern General Hospital, Herries Rd,
Sheffield S6 7AU

☎ 0114 275 4343
☎ 999 in an emergency
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Every Mind Matters

www.nhs.uk/oneyou/every-mind-matters

Sheffield Mental Health Guide

www.sheffieldmentalhealth.co.uk

Online support



Every Mind Matters

www.nhs.uk/oneyou/every-mind-matters

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