

# ► Involve

Summer 2020

## Celebrating our health heroes



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# Welcome

Welcome to the summer edition of the Involve magazine.

This is the first Involve magazine we have produced for members since we warmly welcomed Jan Ditheridge to the organisation as our new Chief Executive back in March, so I wanted to take this opportunity to properly introduce her.

Jan joined us as Chief Executive having been in the same role at Shropshire Community Health NHS Trust (Shropcom) since 2013. Jan's background is in mental health and general nursing, before she moved into leadership roles in the NHS. It is great to have Jan on board.



*Jayne Brown*

Jayne Brown  
Chair

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It has been three months since I started and it's fair to say it's not the start I expected, with the Coronavirus pandemic hitting just weeks into my new role.



The response from staff has been tremendous. Under great pressure they have supported some of the most vulnerable people in our city and ensured that they feel safe and stay well. They have done this with compassion and professionalism and it is something I am very proud of.

Over the next few months as we move into the next phases of our response to the pandemic we'll be looking at how our services can change and shift to meet the needs of people in Sheffield.

In April we received the results of our recent Care Quality Commission (CQC) inspection. While we maintained our rating of good in the 'caring' domain, we dropped to requires improvement in the 'effective' and 'responsive' domains, and inadequate in the 'safe' and 'well-led' domains. As a result our overall rating dropped to inadequate.

Of course we're very disappointed with the results, however, I am confident that we have the plans in place to make improvements for our services users and their families and carers.

I am looking forward to meeting you in the future. We'll make sure we hold our annual members meeting in the safest format possible so we might not be in person but online instead. We'll keep you updated on our plans. Until then, I hope you stay safe and well.

*Jan*

Jan Ditheridge  
Chief Executive

# CQC inspection

In January and February this year we were visited by the Care Quality Commission (CQC) as part of their routine inspections.

They look at five key areas of the work we do, and look at whether our services are safe, responsive, well-led, effective and caring.

When the results of the inspection were announced at the end of April the Trust was rated overall as 'inadequate', dropping from our previous rating of 'requires improvement'.

We are very disappointed with the rating and we are doing everything we can to address the issues raised by the CQC as quickly as possible and get back to an overall rating of 'good'.



We have taken urgent action to address all of the areas of concern raised by the CQC, including:

- Strengthening staffing arrangements on the acute mental health wards and psychiatric intensive care unit.
- Making sure that clinical supervision is available and accessed by all clinical staff.
- Ensuring staff are supported and are able to complete their mandatory training.
- Enhancing our approach to physical health monitoring of service users in inpatient areas.
- Working with partners to ensure a more effective arrangement for the assessment of young people between the ages of 16-18.

Over the coming months we will continue to work closely with the CQC to monitor progress and you can check in on our progress at [www.shsc.nhs.uk](http://www.shsc.nhs.uk)

# ► Our heroes respond to Coronavirus

The Coronavirus pandemic has been a huge challenge for everyone, especially for our staff.

Our priority has been to provide care in an environment that is as safe as it can be for staff and service users like.

There have been some huge challenges along the way to overcome.

We've had to source and distribute thousands of pieces of personal protective equipment to staff on a daily basis, and ensure that used equipment is disposed of safely.

Given the nature of the work we do the vast majority of the support we offer is provided face-to-face, but with social distancing measures in place our services have moved to telephone or video appointments.

We've also had to cope with a significant proportion of our staff being off work to self-isolate or care for loved ones. Staff have been redeployed to different areas of the Trust to fill in gaps, and we've seen staff who have retired return to help.

The response from staff has been nothing short of incredible, and we'd like to say a huge thank you to everyone for the care and dedication they have shown during such a difficult period.

Over the past few months we have been asking staff to share stories and pictures of colleagues who like so many others have gone above and beyond what is expected of them to help support others through the Coronavirus pandemic.

To the right you'll see just a taster of some of the pictures we have been sent through, and if you'd like to see more make sure you follow us on Facebook and Twitter or head over to [www.shsc.nhs.uk](http://www.shsc.nhs.uk)



Featured top left, Nighat Basharat. Top middle, Jane Oxley. Top right, Forest Close. Middle left, Estates team. Middle centre upper, Forest Close Housekeepers. Middle centre lower, Hannah Gill and Mary Whittaker. Middle right, Rachel Suddrick and Louise Bishop. Bottom left, Therapy Services. Bottom right, Older Adult Community Mental Health and Home Treatment teams. Bottom right, George Ehosiem.

# Governor elections

Several of our governors will soon be coming to the end of their term, so it is election time once more. By becoming a governor at the Trust, you could help shape the future direction of your health services. So why not put your name forward?

If you're interested in becoming a governor or standing in the forthcoming elections, make sure you get in touch with us so you can ask any questions you have about the role and what's involved.

To find out more about the upcoming elections visit [www.shsc.nhs.uk/elections](http://www.shsc.nhs.uk/elections)

## Available seats

We have 12 governor seats available. These seats represent different constituencies that make up the council. You would represent these areas as a governor and you must fit into one of these categories to stand.

Vacancies	Constituency
1	<b>Public - South West</b> (Gleadless Valley, Dore and Totley, Fulwood, Graves Park, Nether Edge, Ecclesall, Beauchief and Greenhill, Crookes)
2	<b>Public - South East</b> (Arbourthorne, Beighton, Birley, Darnall, Manor Castle, Mosborough, Richmond, Woodhouse)
1	<b>Public - North West</b> (Broomhill, Central, Hillsborough, Stannington Stocksbridge and Upper Don, Walkley)
1	<b>Public - Rest of England</b> (All electoral wards outside of Sheffield but within England)
2	<b>Service user</b> (Must have used Trust services within the past 5 years)
2	<b>Young service user or carers</b> (35 years of younger, and must have used or cared for someone who has used Trust services within the past 5 years)
1	<b>Staff - Allied Health Professionals</b>
1	<b>Staff - Clinical support</b>
1	<b>Staff - Support work</b>

# Election timetable

Publication of notice of election: Monday 22 June 2020

Deadline for receipt of nominations: Monday 20 July 2020

Notice of poll and issue of ballot packs: Tuesday 04 August 2020

Close of poll: 5pm on Thursday 27 August 2020

Declaration of result: Friday 28 August 2020

For a nomination form please contact the Returning Officer at UK-Engage on **0345 209 3770** or go to: [nom.ukevote.uk/shsc](https://nom.ukevote.uk/shsc)

If you have any questions about the Council of Governor elections please email [samantha.stoddart@shsc.nhs.uk](mailto:samantha.stoddart@shsc.nhs.uk)

## Have your details changed?

As a member we want to make sure that we can keep you updated with all latest news and events at the Trust.

We want to make sure that we aren't wasting any resources sending information to your wrong home address or email address.

Please help us keep our records up to date by letting us know if you have moved house or whether you have a new email address.

To update your details please get in touch by emailing [foundation.trust@shsc.nhs.uk](mailto:foundation.trust@shsc.nhs.uk) with your full name, address and email address so we can make sure our records are complete.

If you no longer wish to be a member you can also let us know by emailing the same email address and providing your full name and address.

## Get in touch

You can get in touch with us in lots of ways:

- Email - [foundation.trust@shsc.nhs.uk](mailto:foundation.trust@shsc.nhs.uk)
- Telephone - 0114 271 8825
- Write to us - Membership, Fulwood House, Old Fulwood Road, Sheffield, S10 3TH

You can also keep up to date with our latest news and events on our website by visiting [www.shsc.nhs.uk](https://www.shsc.nhs.uk)



# Here to Help Sheffield

Your guide to mental health support



The Coronavirus outbreak has been a tough time for all of us.

As lockdown measures begin to ease it's important that everyone has access to the support you need, especially if you're struggling with your mental health.

To help ensure that everyone in Sheffield knows what support is available we're launching a new campaign called 'Here to Help Sheffield'.

The campaign does what it says on the tin, it's a guide to the range of NHS services we provide and it lets people across the city know that you're not alone, we're here to help you.

No matter how you're feeling, whether you're stressed, anxious, in a crisis or anywhere in between, help is available.

One of the most important aspects of the campaign is to highlight the range of self-help resources that are available for free online. The self-help resources include everything from guides on depression, bereavement and low mood, to groups you can join in your local areas.

The campaign will also highlight the range of free courses run by our IAPT service, including the new 'Coping with COVID' course which has been specifically designed to support you with the challenges you may be facing during this difficult period.

If you'd like to find out more about the range of free NHS mental health support available in Sheffield head over to [www.shsc.nhs.uk/heretohelp](http://www.shsc.nhs.uk/heretohelp)