



Fire Prevention

Three elements are required for a fire to start, these are - heat, oxygen and fuel; without these a fire will not start or spread. These elements are commonly referred to as the Fire Triangle; a key strategy to prevent fire is to remove one or more of the elements.





Heat

Heat can be generated by work processes and is an essential part of some processes such as cooking. This heat must be controlled and kept away from fuel unless carefully controlled. Heat generated as a by-product of a process must be dealt with properly.



Heat Safeguards

- Ensure employees are aware of their responsibility to report dangers
- Control sources of ignition
- Have chimneys inspected and cleaned regularly
- Treat independent building uses, such as an office over a shop, as separate purpose groups and therefore compartmentalise from each other
- Ensure cooking food is always attended



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Smoking is not permitted within any internal accommodation or external area for which the organisations holds a duty of care.

- Provide no-smoking signs at appropriate locations
- Ensure smoking area(s) are away from flammable materials

Arrange for cigarettes and matches to be disposed of safely and away from other combustible rubbish.



Plant and equipment which is not properly maintained can cause fires.

- Ensure all work equipment protects against catching fire or overheating.
- Ensure proper housekeeping, such as preventing ventilation points on machinery becoming clogged with dust or other materials causing overheating.
- Have electrical equipment serviced regularly by a competent person to prevent sparks and fires.
- Properly clean and maintain heat producing equipment such as burners, heat exchangers, boilers (inspected and tested yearly), ovens, stoves, and fryers. Require storage of flammables away from this equipment.
- Use a planned maintenance programme to properly maintain plant and equipment. Review your programme if you already have one.
- A planned maintenance programme should deal with:
 - frictional heat (caused by loose drive belts, bearings which are not properly lubricated or other moving parts)
 - electrical malfunction
 - o flammable materials used in contact with hot surfaces
 - o leaking valves or flanges which allow seepage of flammable liquids or gases
 - static sparks (perhaps due to inadequate electrical earthing)

Portable Heaters

- Do not use portable heaters unnecessarily.
- They should have emergency tip-over switches, and thermostatic limiting controls.
- Turn them off if people leave the room or are going to sleep
- Ensure they are 1M away from anything that can burn
- Do not use them to dry clothes

Hot Work	Hot Work	

Hot work often arises from construction and/ or maintenance activities. Hot work is work that might generate sufficient heat, sparks or flame to cause a fire. Hot work includes welding, flame cutting, soldering, brazing, grinding and other equipment incorporating a flame, e.g. tar boilers, etc. Hot work can be very dangerous and stringent controls must be in place.



- Identify all hot work.
- Only allow hot work if no satisfactory alternative.
- Ensure relevant contractors are aware of hot work procedures and controls
- Use a hot work permit system including:
 - fire-resistant protective clothing
 - clear responsibility
 - logging and audit processes
 - routine checking and supervision
 - item to be worked on removed to safe area
 - o remove or protect combustible or flammable materials
 - o prevent, suppress and control sparks
 - o prevent, suppress and control heat
 - o provision of and training on suitable fire-fighting equipment
 - provision of a separate person to fire-watch and use fire-fighting equipment the fire watcher
 - o particular precautions for special risks, e.g. confined space
 - leave workplace clean and safe
 - final check of area at least 60 minutes after completed job and certainly prior to premises being vacated

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- All electrical equipment and installations designed, constructed, installed, maintained, protected, and used to prevent danger.
- Get a qualified electrical contractor to carry out installation and repairs to electrical equipment and fittings.
- Maintain proper pest control to avoid rodent damage to electric wiring and equipment.
- Check electrical equipment and remove defective equipment
- Ensure electrical cords are in good condition
- Plug appliances and lights into separate electrical outlets
- Avoid using extension cords. If you require an outlet in an area where there is none, have one installed by a qualified electrician.
- Use extension cords safety not under carpets or across walking areas
- Use only one device per outlet





Arson	Arson

Deliberately started fires pose very significant risks to all types of workplace.

The possibility of arson should be considered as a component it is one that you can do much to control. The majority of deliberately started fires occur in areas with a known history of vandalism or fire-setting. Persons starting fires outside premises as an act of vandalism use materials found nearby, appropriate security measures, including the protection of stored materials and the efficient and prompt removal of rubbish, can therefore do much to alleviate this problem.

Occasionally, arson attacks in the workplace are committed by employees or exemployees. Employers and other workers should be aware of this potential threat and be alert for early signs, such as a series of unexplained small fires. Consideration should be given to:

- Provide adequate security: exterior/interior lighting, intrusion alarms, guard service, well-secured access openings
- Prevent access by unauthorised personnel
- Keep flammables properly stored and secured

Oxygen

Oxygen gas is used:

- in welding, flame cutting and other similar processes
- for helping people with breathing difficulties
- in hyperbaric chambers as a medical treatment

The air we breathe contains about 21% oxygen. Pure oxygen at high pressure, such as from a cylinder, can react violently with common materials such as oil and grease. Other materials may catch fire spontaneously. Nearly all materials including textiles, rubber and even metals will burn vigorously in oxygen.

With even a small increase in the oxygen level in the air to 24%, it becomes easier to start a fire, which will then burn hotter and more fiercely than in normal air. It may be almost impossible to put the fire out. A leaking valve or hose in a poorly ventilated room or confined space can quickly increase the oxygen concentration to a dangerous level.

The main causes of fires and explosions when using oxygen are:

- oxygen enrichment from leaking equipment
- use of materials incompatible with oxygen
- use of oxygen in equipment not designed for oxygen service
- incorrect or careless operation of oxygen equipment.



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Oxygen Safeguards

- Ensure employees are aware of their responsibility to report dangerous incidents.
- Oxygen should never be used to "*sweeten*" the air in a confined space.
- Where oxygen is used:
 - follow safety advice from the supplier
 - o follow the safeguards on the relevant safety data sheets
 - keep the safety data sheets readily available
- Be aware of the dangers of oxygen if in doubt, ask.
- Prevent oxygen enrichment by ensuring that equipment is leak-tight and in good working order.
- Check that ventilation is adequate.
- Always use oxygen cylinders and equipment carefully and correctly.
- Always open oxygen cylinder valves slowly.
- Do not smoke where oxygen is being used.
- Never use replacement parts which have not been specifically approved for oxygen service.
- Never use oxygen equipment above the pressures certified by the manufacturer.
- Never use oil or grease to lubricate oxygen equipment.
- Never use oxygen in equipment which is not designed for oxygen service.

Fuel

Workplaces in which large amounts of flammable materials are displayed, stored or used can present a greater hazard than those where the amount kept is small.

In relation to fire, fuel consists of flammable material. Flammable material is material that burns readily in a normal atmosphere. Flammable materials include flammable liquids (e.g. petrol), flammable gasses (e.g. propane and butane) and flammable solids (e.g. charcoal, paper). It is important to identify all flammable materials that are in your workplace so that proper controls can be put in place.

Great care is required in the storage, handling and use of flammable materials -Safety Data Sheets may provide detailed advice.

Fuel Safeguards

- Ensure employees are aware of their responsibility to report dangerous incidents.
- Ensure furnishings and fittings in places of assembly comply with the relevant Codes of Practice.
- Permit no timber lining on ceiling, corridor walls/ ceilings or stairways (only exception is Class 0 MDF).
- Take care if placing notice boards in escape corridors/ routes as any paper on the board could be fuel in the event of a fire.
- Where there is a possibility of the presence of flammable gas/vapour, conduct a full risk assessment and consider the need for gas detection equipment.
- Where gas detection equipment is needed, ensure it is properly installed, maintained and serviced.
- Operators of locations storing excessive quantities of substances with flammable or explosive properties.



- Identify all flammable materials so that proper controls can be put in place.
- Identify use of substances with flammable vapours (e.g. some adhesives).
- Reduce quantities of flammable materials to the smallest amount necessary for running the business and keep away from escape routes.
- Replace highly flammable materials with less flammable ones.
- Store remaining stocks of highly flammable materials properly outside, in a separate building, or separated from the main workplace by fire-resisting construction.
- Provide clearly marked separate storage for flammable chemicals, gas cylinders, and waste materials.
- Train employees on safe storage, handling and use of flammable materials.
- Keep stocks of office stationery and supplies and flammable cleaners' materials in separate cupboards or stores. They should be fire-resisting with a fire door if they open onto a corridor or stairway escape route.

Work on Gas Mains

This is highly specialised work and a detailed risk assessment must be conducted

- Detailed work instructions must be put in place
- Advice should be sought from the gas supplier as needed
- Workers must be properly trained and supervised

Flammable liquids	Flammable Liquids
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Flammable liquids can present a significant risk of fire. Vapours evolved are usually heavier than air and can travel long distances, so are more likely to reach a source of ignition. Liquid leaks and dangerous vapours can arise from faulty storage (bulk and containers), plant and process - design, installation, maintenance or use. Ignition of the vapours from flammable liquids remains a possibility until the concentration of the vapour in the air has reduced to a level which will not support combustion.

- The quantity of flammable liquids in workrooms should be kept to a minimum, normally no more than a half-day's or half a shift's supply.
- Flammable liquids, including empty or part-used containers, should be stored safely. Small quantities (tens of litres) of flammable liquids can be stored in the workroom if in closed containers in a fire-resisting, (e.g. metal), bin or cabinet fitted with means to contain any leaks.





- Flammable liquids should not be decanted within the store. Decanting should take place in a well-ventilated area set aside for this purpose, with appropriate facilities to contain and clear up any spillage
- Container lids should always be replaced after use, and no container should ever be opened in such a way that it cannot be safely resealed
- Flammable liquids should be stored and handled in well ventilated conditions. Where necessary, additional properly designed exhaust ventilation should be provided to reduce the level of vapour concentration in the air



Containers for Flammable Liquid

- Storage containers should be kept covered and proprietary safety containers with self-closing lids should be used for dispensing and applying small quantities of flammable liquids.
- There should be no potential ignition sources in areas where flammable liquids are used or stored and flammable concentrations of vapour may be present at any time. Any electrical equipment used in these areas, including fire alarm and emergency lighting systems, needs to be suitable for use in flammable atmospheres.

Intermediate Bulk Containers (IBCs)

The use of plastic and composite intermediate bulk containers (IBCs) for liquid storage has increased. They have several advantages over traditional steel drums, in particular; resistance to corrosion, efficient storage space use and ease of emptying when a valve is fitted. Plastic IBCs are used for hydrocarbons for: wastes; fuels such as diesel; solvents such as white spirit; lubricants; edible oils etc.

Several serious fires in the UK started, or spread, because of the use plastic IBCs for combustible liquids. A characteristic of these fires was the rapid release of liquid from IBCs, inadequacy of bunding and damage caused because of the unconfined flow of burning liquid.



Plastic components of IBCs are easily ignited. Liquid loss from IBCs can be rapid and complete. In a fire, all the liquid in unclad IBCs on level ground is likely to be released rapidly (in 5-10 minutes) and can produce large spreading pool fires. IBC users should be aware of the risks.

- Risk assessments for IBC storage should be based on the premise that liquid loss will be rapid and complete.
- Segregate IBCs and drums to avoid rapid catastrophic failure of drums and associated fireballs and projectiles.
- Kerbs and partitions in storage areas may be useful in checking the flow of liquid and spread of fire. For partitions to be effective, drainage must be carefully controlled
- All processes introducing a risk of ignition should be eliminated or tightly controlled.
- Strict control of readily ignitable material is required.
- IBC storage areas should be secure to deter casual vandalism.
- Sites with large stocks of IBCs should consider drainage in the event of fire.
- If there are sensitive targets nearby, substantial bunding may be required.
- Manufacturers and re-conditioners should provide clear information on the potential behaviour of IBCs in fire.
- Manufacturers should explore improvements in design.

Cleanliness & housekeeping	Cleanliness and Housekeeping	

- Avoid accumulations of combustible rubbish and waste and remove at least daily and store away from the building.
- Never store flammable or combustible rubbish, even temporarily, in escape routes, or where it can contact potential sources of heat.
- Position skips so a fire will not put any structure at risk.
- Clean cooking surfaces on a regular basis to prevent grease build-up.
- In catering, clean ventilation ducts on a regular basis to prevent grease build-up.
- Flammable or combustible rubbish should not be stored, even as a temporary measure, in escape routes such as corridors, stairways or lobbies, or where it can come into contact with potential sources of heat.
- Parts of the workplace which are not normally occupied, such as basements, store rooms and any area where a fire could grow un-noticed, should be regularly inspected and cleared of non-essential flammable materials and substances. Also protect such areas against entry by un-authorised people.
- If the workplace has waste or derelict land nearby, keep any undergrowth under control so that a fire cannot spread through dry grass, for example:



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3	Metal Container for Cloths Contaminated with Flammable Solvents
	Rags and cloths which have been used to mop up or apply flammable liquids should be disposed of in metal containers with well-fitting lids and removed from the workplace at the end of each shift or working day
Safety data sheets	Safety Data Sheets

Safety Data Sheets provide useful information on chemicals and handling, storage and emergency measures. A Safety Data Sheet should be provided with any hazardous chemical and includes useful information.

- Keep Safety Data Sheets readily available.
- Keep Safety Data Sheets safely available in the event of a fire so the information is available for emergency services.

