

SERVICE DESCRIPTION: Mental Health Recovery Service

This service provides multi-disciplinary care to people with complex mental health issues. It delivers interventions at Step 4 and Step 5 of the NICE Stepped Care Model, statutory functions relating to the Mental Health Act and social care assessment and interventions. It aims to promote an optimum level of recovery, independence and social inclusion for each individual.

ADDRESS: 1 East Glade Crescent, Frecheville, Sheffield S12 4QN
Northlands Community Health Centre, Southey Hill, Sheffield S5 8BE

DIRECTORATE: Clinical Directorate

DATE: December 2017

1. ELIGIBILITY

The selection criteria for the above Service are applicable to:

- All adults irrespective of gender, age (18 years of age or over), ethnicity, sexuality, culture or physical abilities
- People who have substantial and complex mental health needs which cannot be met by primary care or the IAPT Service

Substantial and Complex Mental Health Needs include:

- Significant cognitive, emotional and behavioural problems associated with a mental health diagnosis. The individual is likely to present predominantly with psychosis, such as schizophrenia or bi-polar disorder
- A depressive disorder where the levels of risk/complexity/engagement require treatment by specialist mental health services
- Severe disorders of personality who meet the service eligibility criteria
- Longer term disorders of less severity which are characterised by poor treatment adherence and levels of risk/vulnerability which cannot be managed solely by primary care
- Social disability: evidence of risks to the independence of an individual as determined within Fair Access to Care criteria
- Dual diagnosis of mental illness and substance misuse where the mental illness is severe and complex
- Complex presentations with a significant risk of self-harm, harm to others, risk of harm from others or serious self-neglect
- There may be individuals who have low level mental health needs but require social work input for a specific intervention/care package within a defined time period

The above list is not exhaustive. There will be situations which fall outside the scope of this specification which will require clinical judgement.

For young people aged 16-17, the Mental Health Recovery Service will work with Child and Adolescent Mental Health Services and other children's services, as per the local transitional years protocols.

2. THE REFERRAL PROCESS

Referrals are made via the Single Point of Access (SPA) for Adult Mental Health Services.

3. GEOGRAPHICAL POPULATION COVERED

- The registered populations of NHS Sheffield Clinical Commissioning Group.
- People without settled accommodation who are resident in Sheffield.