



SERVICE DESCRIPTION: Perinatal Mental Health Service

The Sheffield Perinatal Mental Health Service is a specialist mental health service for women with mental health problems who are thinking of becoming pregnant, are already pregnant or have given birth in the last twelve months.

ADDRESS: Michael Carlisle Centre, 75 Osborne Road, Sheffield S11 9BF

DIRECTORATE: Specialist Directorate

DATE: March 2014

1. ELIGIBILITY

The selection criteria for the above Service are applicable to:

- All women over 18 years of age irrespective of ethnicity, sexuality, mental or physical abilities with mental health problems who are thinking of becoming pregnant, are already pregnant or have given birth in the last twelve months;
- Women under 18 years of age who are referred will be seen in consultation with the Child and Adolescent Mental Health Service.

2. THE REFERRAL PROCESS

Referrals are accepted from any source, but are predominantly received from Primary Care colleagues, secondary care mental health teams and maternity service staff including obstetricians, midwives and health visitors.

3. GEOGRAPHICAL POPULATION COVERED

- The registered populations of NHS Sheffield Clinical Commissioning Group;
- Women registered with GPs outside of Sheffield where there is an agreement with their NHS Clinical Commissioning Group for them to be seen by the Sheffield Peri-natal Mental Health Service;
- People without settled accommodation who are resident in Sheffield.