

Sheffield Health and Social Care

NHS Foundation Trust



SERVICE DESCRIPTION: Older Adults Community Mental Health Teams

The Older Adults Community Mental Health Teams offer prompt assessment and treatment and ongoing support for people over the age of 65 with long term or severe and enduring mental ill-health.

ADDRESS: 7 Edmund Road, Sheffield S2 4DN

DIRECTORATE: Specialist Directorate

DATE: March 2014

1. ELIGIBILITY

The selection criteria for the above Service are applicable to:

- People over 65 years who have a Functional Mental Health problem (<u>Sheffield City Wide Depression Protocols 2004</u>) and in line with the Trust's <u>Transition Protocol</u> (adults to older adults) irrespective of gender, ethnicity, sexuality, culture or physical abilities;
- People over 65 who have memory problems (Sheffield City Wide Dementia Protocols 2004) or under 65 with established diagnosed dementia;
- People who have substantial and complex mental health needs which cannot be met by primary care or the IAPT Service
- People who require ongoing treatment, care and monitoring. This will include people needing on-going care for:
 - Severe and persistent mental disorders associated with significant disability predominately psychosis such as schizophrenia and bi-polar disorder;
 - Longer term disorders of lesser severity but which are characterised by poor treatment adherence requiring proactive follow up;
 - Any disorders where there is significant risk of self-harm or harm to others (eg acute depression) or whether the level of support exceeds that which a primary care team could offer;
 - Disorders requiring skilled or intensive treatments (eg cognitive behavioural therapy or medication monitoring) not available in primary care);
 - Complex problems of management and engagement such as presented by service users requiring interventions under the Mental Health Act 1983.

2. THE REFERRAL PROCESS

Referrals are accepted from GPs and specialist services within the Trust.

3. GEOGRAPHICAL POPULATION COVERED

- The registered populations of NHS Sheffield Clinical Commissioning Group;
- People without settled accommodation who are resident in Sheffield.