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**Making a referral to the Porterbrook Clinic**

**Information we need**

To enable us to accept a referral we require the specific information listed below in writing:

* A summary of significant physical and mental health history
* Recent BMI
* Any risk assessment and/or forensic history
* The individual’s current prescribed medication
* Information regarding and copies of correspondence related to any previous care for gender dysphoria
* Recent baseline bloods to include the below and results be forwarded to us via the above fax:
	+ Full blood count
	+ urea and electrolytes
	+ liver function tests
	+ fasting blood glucose
	+ lipid profile
	+ serum free T4
	+ TSH
	+ Testosterone
	+ SHBG
	+ Prolactin
	+ oestradiol

It would also be helpful for us to receive the following information.

* A description of the individual’s experience of gender dysphoria, including duration
* The individual’s clinical needs and expectations
* Development history
* Significant social history