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**Making a referral to the Porterbrook Clinic**

**Information we need**

To enable us to accept a referral we require the specific information listed below in writing:

* A summary of significant physical and mental health history
* Recent BMI
* Any risk assessment and/or forensic history
* The individual’s current prescribed medication
* Information regarding and copies of correspondence related to any previous care for gender dysphoria
* Recent baseline bloods to include the below and results be forwarded to us via the above fax:
  + Full blood count
  + urea and electrolytes
  + liver function tests
  + fasting blood glucose
  + lipid profile
  + serum free T4
  + TSH
  + Testosterone
  + SHBG
  + Prolactin
  + oestradiol

It would also be helpful for us to receive the following information.

* A description of the individual’s experience of gender dysphoria, including duration
* The individual’s clinical needs and expectations
* Development history
* Significant social history