

## Art Therapy Northern Programme

### MA Art Psychotherapy Practice

#### Reading List

*A broad introductory reading list, generally offered to prospective students of the MA in Art Psychotherapy in advance of training.*

#### ART THERAPY

\*Adamson, E. (1984) *Art as Healing*. London: Coventure Press.

Berman, L. (1993) *Beyond the Smile: The Therapeutic Use of the Photograph*. London and New York: Routledge. (1992) *Working with Children in Art Therapy*. London and New York: Routledge.

Case, C. and Dalley, T. (2006) *The Handbook of Art Therapy*. London: Routledge, 2<sup>nd</sup> edition.

Case, C. and Dalley, T., eds (2008) *Art Therapy with Children: From Infancy to Adolescence*. London: Routledge.

Dalley, T. et al. (1987) *Images of Art Therapy*. London and New York: Tavistock Publications.

\*Dalley, T., Rifkind, G. & Terry, K. (1993) *Three Voices of Art Therapy: Image, Client, Therapist*. London: Routledge.

Edwards, D. (2014) *Art Therapy*. London: SAGE Publications, 2<sup>nd</sup> edition.

Liebmann, M., ed. (1990) *Art Therapy in Practice*. London and Philadelphia: Jessica Kingsley Publishers.

McNiff, S., ed. (1992) *Art as Medicine*. Boston and London: Shambala.

Schaverien, J. (2009) *The Revealing Image: Analytical Art Psychotherapy in Theory and Practice*. London: Jessica Kingsley, 2<sup>nd</sup> edition.

Skaife, S. and Huet, V. (1998) *Art Psychotherapy Groups: between pictures and words*. London: Routledge.

Thomson, M. (1989) *On Art and Therapy*. London: Virago Press; reprinted by Free Association Books (1998).

Waller, D. & Gilroy, A., eds. (1992) *Art Therapy: A Handbook*. Buckingham and Philadelphia: Open University Press.

Waller, D. (1991) *Group Interactive Art Therapy*. London and New York: Routledge.

Wood, C. (2011) *Navigating Art Therapy: A therapist's companion*. London: Routledge.

*The International Journal of Art Therapy* (formerly *Inscape*). Published twice yearly and available from the British Association of Art Therapists (BAAT), 24-27 White Lion Street, London, N1 9PD. [<http://www.baat.org/inscape.html>]

#### GENERAL

Billington, T. and Pomerantz, M. (2004) *Children at the Margins: Supporting Children, Supporting Schools*. London: UCL Institute of Education Pres.

Freud, S. (1899) *The Interpretation of Dreams*. R. Robertson, ed., new translation, 2008, Oxford: Oxford University Press.

Hobson, R. (1985) *Forms of Feeling: The Heart of Psychotherapy*. London and New York: Tavistock Publications.

Kalmanowitz, D. and Lloyd, B. (2005) *Art Therapy and Political Violence: without art without illusion*. Routledge: London.

Jung, C.G. and von Franz, M-I., eds (1964) *Man and his Symbols*. New York: Doubleday. Reprinted 1978, London: Picador.

Laing, R.D. (1970) *The Divided Self*. Harmondsworth: Penguin.

Philips, A., ed. (2006) *The Penguin Freud Reader*. London: Penguin Modern Classics.

Milner, M. (1971) *On Not Being Able to Paint*. London: Heinemann.

Papadopoulos, R.K. (2002) *Therapeutic Care for Refugees: No place like home*. Tavistock Clinic Series. London: Karnac.

Wilkinson, R.G. and Pickett, K. (2009) *The Spirit Level: Why more equal societies almost always do better*. London: Allen Lane

Winnicott, D.W. (1971) *Playing and Reality*. Harmondsworth: Penguin.

This list of titles is intended to help you begin your exploration of the large range of literature which has a bearing upon the theory and practice of art therapy. During your training, course staff will encourage you to develop your own approach to reading and learning. Some people find that a few texts read with feeling and care are of greater value than an attempt to overview a wide range of books. For other people it is more effective to make a wide reading of relevant literature in order that they can achieve a sense of location within their chosen field.

In addition to the reading you will already have done, you could choose one or two books to read from this list. Art therapy, while it focuses on the image and seeing, is by no means an entirely non-verbal procedure. As well as reading books about art therapy and related subjects we do not wish you to forsake novels, poems and other imaginative fictions.

THE REFERENCES MARKED WITH AN ASTERISK (\*) ARE OUT OF PRINT. HOWEVER, IT MIGHT BE POSSIBLE TO GET THESE BOOKS THROUGH LIBRARIES OR VIA THE INTERNET.