

INVOLVE

Spring 2019 | News and information for members

Welcome to the latest edition of Involve.

Lots has happened since we last wrote to you, including a visit from the Care Quality Commission, our annual staff awards and the launch of a new service.

We also held our Annual Members' Meeting where we launched our annual report.

On Monday 11 March nominations for our Governor elections opened and we'd like to take this opportunity to encourage you to stand in the upcoming elections.

Our Governors play a huge role in shaping the direction of the Trust, and this is your chance to have a real say on our future.

You can find out more about standing in the election inside the newsletter.

If you'd like to find out more about any of the articles you read in this edition of Involve, visit www.shsc.nhs.uk

WAINWRIGHT CRESCENT RATED GOOD BY THE CQC

In January we received the fantastic news that Wainwright Crescent had been rated as good by the CQC in all five domains - safe, effective, caring, responsive and well-led.

The report recognised the efforts staff make to ensure service users are fully involved in their care plan and how discharge planning was a key aspect of the support on offer.

There were a number of highlights we could have shared from the report, but this quote from a service user really sums up how positive people's experiences are at Wainwright Crescent:

“ I am envious of the people who get discharged from hospital to here. If that had happened when I was first in hospital, I feel it would have made a difference and I wouldn't have got as unwell. ”



LEADING ACADEMIC JOINS OUR BOARD

We are delighted to welcome Professor Brendan Stone, who was recently appointed as an Associate Non-Executive Director to our Board of Directors.

Brendan is a Professor and Deputy Vice President for Education at the University of Sheffield. His new role will build on a 10 year association with the Trust. As one of our first service user Governors he has played a key role in developing our approach to engaging with service users and carers to help shape the future of our services.

RESULTS FROM OUR LATEST CQC INSPECTION

In October we received the results of our latest Care Quality Commission inspection.

We were rated as 'good' for effective, caring and responsive, and 'requires improvement' for safe and well-led, resulting in an overall rating of 'requires improvement'.

While our overall result was disappointing we were delighted that six out of ten of our core services are now rated as 'good' with one rated as 'outstanding'.

We know we still have more work to do and we have been working closely with staff, service users and partners to bring about further improvements.

To find out more about our rating visit www.shsc.nhs.uk or www.cqc.org.uk



NEW PERINATAL MENTAL HEALTH SERVICE

We've teamed up with Rotherham Doncaster and South Humber NHS Foundation Trust, and local charity Light, to expand our perinatal mental health service.

The service will provide support to mums and families across Sheffield, Rotherham and Doncaster and will officially launch on Wednesday 01 May to coincide with World Maternal Mental Health Day.

The launch event is being held at the Holiday Inn in Rotherham.



RECOGNITION AND ACHIEVEMENT AWARDS

On Thursday 07 February we welcomed more than 200 of our staff, volunteers and service users to our annual Recognition and Achievement Awards.

Hosted by our Professor Laura Serrant OBE, we recognised the incredible contribution of staff in nine different award categories, as well as presenting certificates to staff who have served 30 years or more continuous service in the NHS.

We'd like to say a huge congratulations to our award winners who are all named below:

Innovation and research
Non-Opiates Service

People's choice
Adam Searle and
Helen Coventry

Compassionate care
Older Adults Community
Mental Health Teams

**Quality improvement
by a team**
Brunsmeer Awareness

Learner of the year
Dr Charlotte Blewett

Volunteer of the year
Jonathan Hall,
Alice Bennett and
Julie Murashi

Leadership
Rachel Noble

**Outstanding
achievement by an
individual**
Leanne Brouder

**Chair's special
recognition award**
Philip Jonas

We'd like to say a huge thank you to Pinders, Vivup, Tusker and Unison for kindly sponsoring the event.

The ceremony was streamed live on Facebook, so if you missed the event but would still like to watch, you can check it out.



GOVERNOR ELECTIONS 2019

Do you or your loved one use our services? Are you passionate about the NHS?

If you are, and you want to help make services the best they can be then why not stand in our upcoming Governor elections?

As a Governor you will play a vital role in shaping the future direction of our services, and help us make important decisions.

Each of our Governors represent different areas of our work. We've got Governors to represent service users, carers, young people, staff, as well as public Governors for different areas of Sheffield and outside of the city.

For our upcoming elections we've got 17 vacancies in the following constituencies:

Constituency	Vacancies
Public South West	1
Public South East	1
Public North East	2
Public North West	1
Public Rest of England	1
Service User	4
Carer	4
Young Service User or Carer	1
Central Support Staff	1
Nursing Staff	1

As a Governor you'll be expected to attend most of our Council of Governors meetings and our Annual Members' Meeting.

All of the training you'll need will be provided.

The timetable for the nomination and election process is outlined below.

Publication of notice of election

Monday 11 March

Deadline for receipt of nominations

Tuesday 09 April

Notice of poll and issue of ballot packs

Tuesday 30 April

Close of poll

Friday 31 May at 5pm

Declaration of result

Monday 03 June

To order a nomination form please contact the Returning Officer at UK-Engage on **0161 209 4808** or complete online at nom.ukvote.uk/shsc

To find out more about elections visit the elections page on our website.

If you'd like to have a chat with someone about what's involved in being a Governor give us a call on **0114 2718825** or drop an email to foundation.trust@shsc.nhs.uk

VOLUNTEER WITH US

Have you got a few hours a week that you could spare? Looking for something to do where you can make a real difference?

Thought about volunteering?

There are loads of benefits to volunteering. It's great for your physical and mental health, and it's the perfect way to meet new people.

Volunteering also looks great on your CV, and if you're looking for work it gives you the opportunity to get hands on experience in an area you're interested in.

We've got lots of volunteering vacancies available across our services, including:

- Gathering feedback on our wards
- Oasis gardening group
- Interview panels
- Administration support
- Training students
- Carrying out quality of experience surveys

If there's something that you'd like to try just let us know by emailing engage@shsc.nhs.uk

If you're not sure if volunteering is for you, here's what one of our current volunteers said about their experience.



I can't describe how vital my volunteering opportunities have been, both in terms of my confidence and in recovery. I love the fact that I feel accepted and valued for who I am and what I can bring to the Trust.



ANNUAL MEMBERS' MEETING 2019

Our next Annual Members' Meeting will take place on Tuesday 24 September 2019 from 12.30pm.

This is your chance to ask the Board, our Governors or staff any questions you have and find out about what we've been up to over the past 12 months.

We will also be launching our Annual Report for 2018/19, telling you about our achievements, the challenges we've faced, and our plans for the year ahead.

If you'd like to book your place at the Annual Members Meeting just drop an email to foundation.trust@shsc.nhs.uk

GET IN TOUCH

If you'd like to find out more about the work we're doing or get involved we'd love to hear from you.

Email - foundation.trust@shsc.nhs.uk
Call - 0114 2718825

DATES FOR THE DIARY

We've got lots of exciting events taking place over the next few months:

- **Friday 12 April** - Sheffield perinatal mental health team meet and greet
- **Thursday 25 April** - Council of Governors meeting
- **Thursday 23 May** - LTNC refurbished building open event
- **Sunday 07 July** - Charity fun run

Board of Directors Meetings

- Wednesday 10 April
- Wednesday 08 May
- Wednesday 10 July

All of the meetings will take place in the Board Room at Fulwood House, we'll start at 10am.

If you'd like to join us just email sharon.sims@shsc.nhs.uk