



Sheffield Health
and Social Care
NHS Foundation Trust

Sheffield Health and Social Care Consent form

Patient agreement to Electroconvulsive Therapy (ECT)

Patient details (or pre-printed label)

Patient's surname/family name.....

Patient's first names.....

Date of birth

Responsible health professional.....

Job title

NHS number (or other identifier).....

Male

Female

Special requirements

(eg other language/other communication method)

To be retained in patient's notes

Copy pages 2, 3 and 4 and give to patient

Patient name.....

Name of proposed procedure or course of treatment:

A course of Electroconvulsive Therapy up a maximum oftreatments (no more than 12 to be prescribed)

Treatment to be administered: Bilateral Unilateral (Please delete as appropriate)

Statement of health professional (to be filled in by consultant)
(Please delete or add information as appropriate)

I have explained the procedure to the patient. In particular, I have explained:

The intended benefits

- reduction in depressive symptoms
- reduction in negative pessimistic thoughts
- elevation in mood

Transient side effects

Headache
Muscle aches
Nausea
Muzzy headedness
Weakness

Serious or frequently occurring risks

Memory loss (possibly permanent)
Post-treatment confusion
Loss of energy drive
Possible damage to teeth, both permanent and false (especially caps, crowns or cosmetic dental work)

I have also discussed what the procedure is likely to involve, the benefits and risks of any available alternative treatments (including no treatment) and any particular concerns of this patient.

OR (Delete if not applicable)

I have discussed the planned treatment with the Consultant with responsibility for ECT and I have explained to the patient that the proposed treatment does not fall within current NICE ECT Guideline (e.g. Maintenance ECT or not one of the 3 stated indications) and I have explained the intended benefits (please list):-

and serious or frequently occurring risks and transient side effects (as above)

The following leaflet/tape has been provided: **ECT Information Booklet**

This procedure will involve:

General anaesthesia Muscle Relaxation

Signed:..... Date ..

Name (PRINT) Job title

Contact details (if patient wishes to discuss options later)
.....via secretary

Statement of interpreter (where appropriate)

I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signed Date

Name (PRINT)

Copy accepted by patient: yes/no (please ring)

Statement of patient

Patient identifier/label

Please read this form carefully. If your treatment has been planned in advance, you should already have your own copy of page 2 which describes the benefits and risks of the proposed treatment. If not, you will be offered a copy now. If you have any further questions, do ask – we are here to help you. You have the right to change your mind at any time, including after you have signed this form.

I agree to the procedure or course of treatment described on this form.

I understand that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate experience.

I understand that I will have the opportunity to discuss the details of anaesthesia with an anaesthetist before the procedure, unless the urgency of my situation prevents this.

I understand that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.

I have been told about additional procedures which may become necessary during my treatment. I have listed below any procedures **which I do not wish to be carried out** without further discussion.

.....
.....
.....

Patient's signature

Date.....

Name (PRINT)

A witness should sign below if the patient is unable to sign but has indicated his or her consent. Young people/children may also like a parent to sign here (see notes).

Signature Date

Name (PRINT)

Confirmation of consent (to be completed by a health professional when the patient is admitted for the procedure, if the patient has signed the form in advance)

On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead.

Signed:..... Date

Name (PRINT) Job title

Important notes: (tick if applicable)

See also advance directive/living will

Patient has withdrawn consent (ask patient to sign /date here)

.....

Patient name.....

Confirmation of consent (to be completed by a health professional each time the patient attends for the procedure, if the patient has signed the form on advance

Signed..... Date.....
Name (PRINT)..... Job Title.....

Signed..... Date.....
Name (PRINT)..... Job Title.....

Signed..... Date.....
Name (PRINT)..... Job Title.....

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Guidance to health professionals (to be read in conjunction with consent policy and MCA guidelines/code of practice)

What a consent form is for

This form documents the patient's agreement to go ahead with the investigation or treatment you have proposed. It is not a legal waiver – if patients, for example, do not receive enough information on which to base their decision, then the consent may not be valid, even though the form has been signed. Patients are also entitled to change their mind after signing the form, if they retain capacity to do so. The form should act as an *aide-memoire* to health professionals and patients, by providing a check-list of the kind of information patients should be offered, and by enabling the patient to have a written record of the main points discussed. In no way, however, should the written information provided for the patient be regarded as a substitute for face-to-face discussions with the patient.

The law on consent

See the Department of Health's *Reference guide to consent for examination or treatment* for a comprehensive summary of the law on consent (also available at www.doh.gov.uk/consent).

Who can give consent

Everyone aged 16 or more is presumed to be competent/have capacity to give consent for themselves, unless the opposite is demonstrated. If a child under the age of 16 has "sufficient understanding and intelligence to enable him or her to understand fully what is proposed", then he or she will be competent to give consent for himself or herself. Young people aged 16 and 17, and legally 'competent' younger children, may therefore sign this form for themselves, but may like a parent to countersign as well. If the child is not able to give consent for himself or herself, some-one with parental responsibility may do so on their behalf and a separate form is available for this purpose. Even where a child is able to give consent for himself or herself, you should always involve those with parental responsibility in the child's care, unless the child specifically asks you not to do so. If a patient has capacity to give consent but is physically unable to sign a form, you should complete this form as usual, and ask an independent witness to confirm that the patient has given consent orally or non-verbally.

When NOT to use this form

If the patient is 18 or over and is not legally competent/does not have capacity to give consent. A patient will not be legally competent/have capacity to give consent if:

- *they are unable to comprehend and retain information material to the decision and/or*
- *they are unable to weigh and use this information in coming to a decision.*

You should always take all reasonable steps (for example involving more specialist colleagues) to support a patient in making their own decision, before concluding that they are unable to do so.

*Relatives **cannot** be asked to sign this form on behalf of an adult who is not legally competent/does not have capacity to consent for himself or herself.*

Information

Information about what the treatment will involve, its benefits and risks (including side-effects and complications) and the alternatives to the particular procedure proposed, is crucial for patients when making up their minds. The courts have stated that patients should be told about 'significant risks which would affect the judgement of a reasonable patient'. 'Significant'

has not been legally defined, but the GMC requires doctors to tell patients about 'serious or frequently occurring' risks. In addition if patients make clear they have particular concerns about certain kinds of risk, you should make sure they are informed about these risks, even if they are very small or rare. You should always answer questions honestly. Sometimes, patients may make it clear that they do not want to have any information about the options, but want you to decide on their behalf. In such circumstances, you should do your best to ensure that the patient receives at least very basic information about what is proposed. Where information is refused, you should document this on page 2 of the form or in the patient's notes.